

Tell us about yourself.
(this form is confidential)

Name: _____ Sex: ____ Today's Date: _____

Date of Birth: _____ Age: _____ Height: _____ Weight: _____

Address: _____ Telephone: _____

_____ Email: _____

Please do not email me

_____ Occupation: _____

_____ Marital Status: _____ Number of Children: _____

Emergency Contact: _____ Phone: _____ Relation: _____

Please check all that apply:

- I am Pregnant
- Seizure Disorder
- Pacemaker
- Hemophilia
- I take a Blood Thinner
- Heart Disease
- Emotional Disorder
- Tuberculosis
- High Blood Pressure
- Herpes
- HIV/AIDS
- Cancer
- Hepatitis
- Diabetes
- Tobacco
- Alcohol
- Marijuana
- Other Drugs

Please list all medications and supplements you take:

May we discuss your case with your doctor? _____

Your Signature: _____

Doctor's Name: _____

Dr.'s Phone: _____

Dr.'s Address: _____

Do you have any:

Dietary Restrictions: _____

Food Sensitivities: _____

Allergies: _____

Large Scars: _____

Skin Abnormalities: _____

Recurring Dreams: _____

Bad Habits: _____

Have you had long term or intense exposure to:
Cold Heat Wind Dryness Dampness

What kind of weather do you like?

How does your body feel to you?

○ — ○ — ○ — ○ — ○ — ○ — ○ — ○
Cold Hot

○ — ○ — ○ — ○ — ○ — ○ — ○ — ○
Dry Damp

What is your main reason/goal for coming here? _____

Have you ever had acupuncture before? If so, when? _____

Who can we thank for referring you here? _____

What did you have for breakfast today? _____